



Proudly served by Christian Catering

Lunch Menu January 4 - 31, 2022

Choice of Milk served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	3 Hot Dog French Fries 1/2 cup Peas & Carrots 1/4 cup Fruit/Milk	4 Chicken Quesadilla Corn 1/4 cup Pinto Beans 1/2 cup Fruit/Milk	5 Chicken Fried Steak w/ Gravy Mashed Potatoes 1/4 cup Green Beans 1/4 cup Fruit/Milk	6 Cheese Pizza Sweet Potato Fries 1/2 cup Chopped Romaine 1cup Fruit/Milk
10 Crispy Chicken Sandwich Sweet Potatoes 1/2 cup Broccoli 1/2 cup Fruit/Milk	11 WG Pasta w/Marinara 1/4 cup & Meatballs Italian Veggies 1/2 cup Roll Fruit/Milk	12 Waffle Sticks w/Syrup Sausage Links Seasoned Potatoes 1/4 cup Fresh Baby Carrots 1/2 cup Fruit/Milk	13 Grilled Cheese Homemade Chili 1/2 cup Coleslaw 1/4 cup Fruit/Milk	14 Pizza Crunchers w/Marinara 1/4 cup Mashed Potatoes 1/2 cup Sweet Peas 1/4 cup Fruit/Milk
17 No School Martin Luther King Day	18 Corn Dog Glazed Carrots 1/2 cup Potato Wedges 1/4 cup Fruit/Milk	19 Lemon Pepper Chicken Wings Carrots & Celery w/ Ranch 1/2 cup Cheddar Sun Harvest Chips Baked Beans 1/4 cup Fruit/Milk	20 Chicken Supreme over Rice Baked Sweet Potatoes 1/4 cup Italian Cut Beans 1/2 cup Roll Fruit/Milk	21 Mozzarella Cheesy Pullapart Bread w/Marinara 1/4 cup Meatballs Romaine Lettuce 1 cup Fruit/Milk
24 Cheeseburger French Fries 1/2 cup Carrots w/Ranch 1/4 cup Fruit/Milk	25 Chicken Alfredo WG Penne Pasta Chopped Romaine 1 cup Cherry Tomatoes 1/4 cup Roll Fruit/Milk	26 Chicken Spinach & Cheese Quesadilla (Chunky Salsa) 1/4 cup Spanish Rice 1/2 cup Black Beans 1/2 cup Fruit/Milk	27 Warm Turkey & Cheese Hoagie Tater Tots 1/2 cup Carrots w/Ranch 1/4 cup Fruit/Milk	28 Lasagna Roll Up Meat Marinara Sauce 1/4 cup Italian Cut Green Beans 1/2 cup Roll Fruit/Milk
31 Chicken Nuggets Lima Beans 1/2 cup Whole Roasted Potatoes 1/4 cup Fruit/Milk	1	2	3	4



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Breakfast Menu for January 4 - 31, 2022

Choice of Milk served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	3 Apple Streudel Yogurt Fruit/Fruit Juice	4 Fruit Loops Muffin Fruit/Fruit Juice	5 Chicken Biscuit Fruit/Fruit Juice	6 Berry Waffles Sausage Fruit/Fruit Juice
10 Cinnamon Bun Yogurt Fruit/Fruit Juice	11 Ham & Cheese Croissant Hashbrowns Fruit/Fruit Juice	12 Cinnamon Toast Crunch Muffin Fruit/Fruit Juice	13 Bacon, Egg & Cheese Slider Fruit/Fruit Juice	14 Cinnamon Roll Cinnamon Apple Oatmeal Fruit/Fruit Juice
17 No School Martin Luther King Day	18 Maple Flavored Waffles Sausage Fruit/Fruit Juice	19 Frosted Flakes Muffin Fruit/Fruit Juice	20 Cheese Toast Sausage Fruit/Fruit Juice	21 Sausage, Egg & Cheese Biscuit Fruit/Fruit Juice
24 Cherry Streudel Yogurt Fruit/Fruit Juice	25 Sausage & Cheese Biscuit Fruit/Fruit Juice	26 Golden Grahams Muffin Fruit/Fruit Juice	27 Pancake Wrap Sausage Fruit/Fruit Juice	28 French Toast Sticks Sausage Fruit/Fruit Juice
31 Apple Streudel Yogurt Fruit/Fruit Juice	1	2	3	4